



everdale



THE
SEED



TEAM BUILDING & GROUP VOLUNTEERING

Bring your team to The SEED! We would love to host your business or organization for an inspiring team-building experience. You will:

- Contribute to a healthy future, building strong communities and a sustainable local food system
- Strengthen communication between team members, fostering innovation and trust in your team
- Experience an inspiring, fun day, relax and enjoy our welcoming facilities
- Enjoy a customized experience for your group based on the season and any accessibility needs
- Try something new, and have fun!

*The following experiences are geared to businesses and organizations with a budget for team building activities. If budget is a barrier, please reach out for information about other opportunities.

To book or for more information, contact Madeline, at
The SEED: mbarber@guelphchc.ca, (519) 821-6638 x319.

www.everdale.org
www.theseedguelph.ca

SOUPER HEROES

Be a Souper Hero - come on down to our community kitchen for a social, energetic work bee. Your group will form an assembly line to pack as many of our beautiful layered Souper Heroes packages as you can!

The soup will be sold at markets, retailers and events to fund our food programs, increasing access to healthy food for low income community members. When you participate as a Souper Hero, you are improving the quality and quantity of programs The SEED can offer your community.

Souper Heroes dates occur between September-January. We currently cannot accommodate groups of 20+ people. Availability can be limited, so book soon!



\$15
Per person

INCLUDES:

Welcome tea & coffee

An introduction to the SEED

2.5 hour visit

One soup starter each to take home

Opportunity to raise funds for Guelph/Wellington

\$15
Per person



INCLUDES:

Welcome tea & coffee

An introduction to Everdale

3.5 hour visit (morning or afternoon)

Opportunity to grow and harvest food for community members who can't afford healthy food

GOOD FOOD PROJECT

Take a break from the daily routine and come and enjoy the view from our 50-acre organic farm, nestled in the beautiful hills of Wellington County. Everdale is a not-for-profit farm, that is closely partnered with the SEED. Your group will help to grow food for The SEED's programs by being outside, planting, weeding and/or harvesting fresh veggies.

The food we grow will go straight to our food programs, increasing access to healthy food for low income community members. When you participate in the Good Food Project, you are helping to grow fresh food that is making a difference in the lives of thousands of people in our community.

For more details and to view availability, have a look at [Everdale's website!](#)

EXTRA OPTIONS:

Healthy Snack - \$10/ea

Seasonal Lunch - \$15/ea

Additional Team Building Activity - \$10/ea