

The SEED – Good Food Delivery Driver

Program:	The SEED Community Food Project
Commitment:	3-6 hours weekly
Date/Time:	Various, based on schedule and need
Support Person:	Madeline Barber, Community Resources Coordinator; The SEED Kari Badgerow, Good Food Distribution Coordinator; The SEED
Location:	The POD fresh food warehouse- 38 Elizabeth St. The Guelph CHC- 176 Wyndham St N. & various community locations
Client group:	Clients of Community Food Markets & emergency food provision
Impact of Position:	Increased food access for priority populations
Goal of Position:	Provide support to The SEED in distributing food to people facing food insecurity in Guelph

Duties:

- Be punctual and reliable
- Drive the van or delivery truck, accompanied by the assistant
- Assist with loading the truck (heavy lifting)
- Assist with unloading deliveries to community partners (heavy lifting)
- Interact with community members and customers in a friendly manner

Skills Required:

- Valid G Driver's License
- Criminal record check
- Able to lift up to 50 lbs consistently
- Ability to work as an effective member of a team
- Commitment to equity and anti-oppressive practices
- Punctual and reliable
- Show initiative and enthusiasm
- Suitable for English Language Learner



Training:

- SEED Volunteer Information Session and GCHC orientation
- Test drive with Good Food Distribution Coordinator
- Personal safety plan on first day
- Training and support from onsite staff as needed

Benefits:

- Have the opportunity to meet people in your community
- Contribute to food security in our community
- Gain experience working in a food distribution setting
- Work outside, physical work
- Be appreciated for all of your hard work and patience
- Build your network and possibility to gain future reference if needed
- Have Fun!

Risk: MEDIUM/ HIGH

- Heavy lifting (up to 50lbs)
- Driving a large vehicle
- Spaces with limited public visibility
- Support Staff on site and check-ins during program
- Access to confidential information, does not handle money

About The SEED:

The SEED is a community food project of the Guelph Community Health Centre. About 16% of households in Guelph are food insecure (Guelph Wellbeing, 2014). Our goal is to change that by offering programs and services that tackle the root causes of poverty.

Mission: The SEED delivers community programs and advocates that address the causes and effects of food insecurity.

Vision: A community with no barriers to healthy food.

We believe in:

- Food Justice. Access to healthy food, food skills, and food policies are basic human rights.
- Community food programs. They empower us to be agents of change.
- Diversity. Solutions come from diverse voices, experiences and input.



- Grassroots community leadership. There are potential food leaders in every corner of Guelph.

About Good Food Distribution

The POD is our fresh food distribution warehouse, located on Elizabeth St. close to downtown. This is where we receive deliveries, pack the Garden Fresh Boxes, and keep produce fresh for our programs in our 300 square foot cooler.

We partner with the Emergency Food Providers of Guelph, selling fresh food at much lower prices than wholesale distributors so that they can stretch their limited budgets. Each neighbourhood in Guelph is unique, and the organizations that service these neighbourhoods know them the best. We help maximize the good food they can have on their shelves, and reinforce the good work being done already.

We also distribute to schools in Guelph and Wellington County, delivering fresh fruits and vegetables to meet the needs of their healthy lunch/snack programs for elementary school children. We work with Food & Friends of the Children's Foundation to ensure we are offering a high quality service that decreases the amount of time spent shopping, decreases the cost of produce, and increases the amount and quality of food that children are able to eat.